

MZG Calendar & Contacts

About the Melbourne Zen Group

MZG was established in 1985 and is affiliated with the Diamond Sangha, a group founded in 1959 by Robert Aitken Roshi in Hawaii. The lineage has roots in both the Rinzai and Soto schools of Zen Buddhism. Our teachers are Subhana Barzaghi Roshi and Susan Murphy Roshi; both live in Sydney and visit Melbourne twice a year. Our activities include: weekly zazen (group sitting meditation), monthly zazenkai (longer group meditation), full moon sits, twice a year sesshin (week-long retreats with our teachers), weekend workshops and talks.

Group Zazen Schedule

- Tuesday evening 6.30pm - 8.30pm
- Saturday morning 10.00am - 12noon
- Last Saturday of the month 9am - 1pm
- Full moon sits - see page 3 for details.

Please arrive early. Help in setting-up is welcome. To help cover costs, we recommend a \$5 contribution, or \$3 concession, per session, or a weekly amount (if sitting more than one session) of \$6, or \$4 concession.

On the first Tuesday of each month, zazen finishes half an hour earlier to allow time for Dharma Sharing: reflecting on personal experience in relation to an aspect of Zen practice. On the last Saturday of each month, there is a talk and Dharma Sharing in the last hour of zazenkai.

Orientation, guidance and support

Orientation for newcomers is advised. For orientation, guidance or support in matters relating to Zen practice, contact our Practice Facilitators via Jill Baird on 9328 2207 or email: jillebaird@yahoo.com

Venue (Melway Map 30 B7)

Enter CERES Community Environment Park in East Brunswick from Lee Street. Go to the Education Centre, second building on the right after the CERES entrance gate.

Committee Members

- Peter Wong (Chair) 9481 5986
- Clive Williams (Secretary) 9489 5214
- Nola Firth (Treasurer) 5428 9363
- Colin Briton 9481 5986
- Tineke Lagerwey 9489 5880
- Michael McInerney 0413 550 332
- Gayle McPherson 0415 352 575

Membership & Newsletter Subscription

Enquiries about subscribing to the newsletter may be directed to Clive Williams: 9489 5214 or cliwil@hotmail.com We suggest that applications for financial membership be made only after having spent some time participating in the group's activities.

Newsletter Contributions

Contributions from members, however brief, of any facet of their experience with Zen, are very welcome. Send contributions to Colin Briton at 8 Edward Street, Northcote, Vic 3070, or cbriton@alphalink.com.au Brief extracts from publications appearing in this newsletter are for the purpose of private study.

Contacting Melbourne Zen Group

For introductory information about MZG, write to us C/- CERES, Cnr Roberts & Stewart Streets, Brunswick East, Vic 3057, or contact Jill Baird on 9328 2207 or at jillebaird@yahoo.com For other matters, please contact a committee member. You can also visit our website.

Our website: www.mzg.org.au

Visit our website and subscribe to our latest news updates by email. The website features information and resources regarding Zen practice.

Upcoming MZG Sesshin

- 2 – 8 Oct with Subhana Barzaghi (Walking Sesshin)
- 3 – 10 Dec with Subhana Barzaghi at Adekate Lodge

MZG Calendar AUGUST 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3 Zazen, 6.30 pm–8 pm, followed by Dharma Sharing	4	5	6	7 Zazen 10am – 12 noon
8	9	10 Zazen, 6.30 pm–8.30 pm	11	12	13	14 Zazen, 10 am-12 noon
15	16	17 Zazen, 6.30 pm–8.30 pm	18	19	20	21 Zazen, 10 am-12 noon
22	23	24 Zazen, 6.30 pm–8.30 pm	25	26	27 Full moon sit 7-10 pm, see page 3	28 Zazenkai, 9am – 1pm
29	30	31 Zazen, 6.30 pm–8.30 pm				

Melbourne Zen Group

Melbourne Zen Group Inc. (A0026699B)

Newsletter-August 2010

MZG NEWS & NOTICES

Annual General Meeting

Sat 21 August 1 – 3pm, following zazen and a shared lunch. If you are interested in the work of the MZG Committee, or would like to become involved in some way, please come along. BYO lunch to share.

The AGM will be asked to consider a possible change in direction for *Vast & Ordinary News*: a monthly communication (emailed or posted hardcopy, as desired by the individual member) and a more substantive quarterly edition, with an editorial team including a committee member and a practice facilitator. Such an arrangement would reduce the heavy pressure on the editor to generate material on a monthly basis, spread the weight of production to more people, and encourage more participation. The Committee is aware that some members may wish to maintain the current frequency and arrangement, and is keen that there be careful consideration of any change. Responses to this or other proposals are most welcome (Ed).

Spring Walking Sesshin

Saturday 2 - Friday 8 October

In the spirit of going on pilgrimage since ancient times, either to visit wise teachers, famous temples or sacred mountains, we take up the practice of rambling through the bush and walking along meandering trails unburdened.

Please join us for 6 days of camping, sitting and walking in the company of fellow travellers under the guidance of Subhana Barzaghi Roshi along the Great Ocean Walk in the Otways. Contact Peter Wong or Colin Briton for details: 9481 5986 or yih@alphalink.com.au

Telephone dokusan

Susan Murphy offers telephone dokusan to MZG; if interested please contact Kirk Fisher on 0425 754 057 or email kirkfisher@aapt.net.au

Buckwheat available - \$1 per litre

Please contact Tineke (9489 5880) if you are interested in obtaining buckwheat to top-up your zafu.

Sangha Forum Sat 18 Sept following zazen

This forum will focus on recent suggestions that we include a number of individual women in our sutra dedications. Everyone is invited to attend and add your voice as we explore the specific changes we may choose to make, as well their wider implications and meanings for us and our practice.

Emma Stone will facilitate a second discussion on this topic at our Sat 28 August Zazenkai, 12 noon. Please also note the Dharma Talk by Bonnie Myotai Treace, Sensei (referring to Patacara whom we featured in the June issue of Vast & Ordinary News) from page 4.



Full moon sits

Full moon sits are on 27th Aug (24th Sept, 22nd Oct, 19th Nov, 17th Dec), 7-10 pm. For further details contact Meg on 9489 5880.

OTHER GROUPS:

Communicating Mindfully In Difficult and Conflict Situations

Training workshop with Carol Perry

7 & 8 August

Contact Fran Woodruff, (03) 5470 6878 or 0407 822 723 or fwoodruff@mmnet.com.au