

MZG Calendar & Contacts

About the Melbourne Zen Group

MZG was established in 1985 and is affiliated with the Diamond Sangha, a group founded in 1959 by Robert Aitken Roshi in Hawaii. The lineage has roots in both the Rinzai and Soto schools of Zen Buddhism. Our teachers are Subhana Barzaghi Roshi and Susan Murphy Roshi; both live in Sydney and visit Melbourne twice a year. Our activities include: weekly zazen (group sitting meditation), monthly zazenkai (longer group meditation), full moon sits, twice a year sesshin (week-long retreats with our teachers), weekend workshops and talks.

Group Zazen Schedule

- Tuesday evening 6.30pm - 8.30pm
- Saturday morning 10.00am - 12noon
- Last Saturday of the month 9am - 1pm
- Full moon sits - see page 3 for details.

Please arrive early. Help in setting-up is welcome. To help cover costs, we recommend a \$5 contribution, or \$3 concession, per session, or a weekly amount (if sitting more than one session) of \$6, or \$4 concession.

On the first Tuesday of each month, zazen finishes half an hour earlier to allow time for Dharma Sharing: reflecting on personal experience in relation to an aspect of Zen practice. On the last Saturday of each month, there is a talk and Dharma Sharing in the last hour of zazenkai.

Orientation, guidance and support

Orientation for newcomers is advised. For orientation, guidance or support in matters relating to Zen practice, contact our Practice Facilitators via Jill Baird on 9328 2207 or email: jillebaird@yahoo.com

Venue (Melway Map 30 B7)

Enter CERES Community Environment Park in East Brunswick from Lee Street. Go to the Education Centre, second building on the right after the CERES entrance gate.

Committee Members

- Peter Wong (Chair) 9481 5986
- Clive Williams (Secretary) 9489 5214
- Nola Firth (Treasurer) 5428 9363
- Colin Briton 9481 5986
- Tineke Lagerwey 9489 5880
- Michael McInerney 0413 550 332
- Gayle McPherson 0415 352 575

Membership & Newsletter Subscription

Enquiries about subscribing to the newsletter may be directed to Clive Williams: 9489 5214 or cliwil@hotmail.com We suggest that applications for financial membership be made only after having spent some time participating in the group's activities.

Newsletter Contributions

Contributions from members, however brief, of any facet of their experience with Zen, are very welcome. Send contributions to Colin Briton at 8 Edward Street, Northcote, Vic 3070, or cbriton@alphalink.com.au Brief extracts from publications appearing in this newsletter are for the purpose of private study.

Contacting Melbourne Zen Group

For introductory information about MZG, write to us C/- CERES, Cnr Roberts & Stewart Streets, Brunswick East, Vic 3057, or contact Jill Baird on 9328 2207 or at jillebaird@yahoo.com For other matters, please contact a committee member. You can also visit our website.

Our website: www.mzg.org.au

Visit our website and subscribe to our latest news updates by email. The website features information and resources regarding Zen practice.

Upcoming MZG Sesshin

- 2 – 8 Oct with Subhana Barzaghi (Walking Sesshin)
- 3 – 10 Dec with Subhana Barzaghi at Adekate Lodge

MZG Calendar JULY 2010						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3 Zazen 10am – 12 noon
4	5	6 Zazen, 6.30 pm–8 pm, followed by Dharma Sharing	7	8	9	10 Zazen, 10 am-12 noon
11	12	13 Zazen, 6.30 pm–8.30 pm	14	15	16	17 Zazen, 10 am-12 noon
18	19	20 Zazen, 6.30 pm–8.30 pm	21	22	23 Full moon sit 7-10 pm, see page 3	24 Zazen, 10 am-12 noon
25	26	27 Zazen, 6.30 pm–8.30 pm	28	29	30	31 Zazenkai, 9am-1pm Talk by Emma Stone 12 noon

MZG NEWS & NOTICES

Spring Walking Sesshin Saturday 2 - Friday 8 October

In the spirit of going on pilgrimage since ancient times, either to visit wise teachers, famous temples or sacred mountains, we take up the practice of rambling through the bush and walking along meandering trails unburdened.

Please join us for 6 days of camping, sitting and walking in the company of fellow travellers under the guidance of Subhana Barzaghi Roshi along the Great Ocean Walk in the Otways.

Contact Peter Wong or Colin Briton for details: 9481 5986 or yih@alphalink.com.au

Sangha Forum on Including Women in Sutra Dedications re-scheduled to Sat 18 September following zazen

This Sangha Forum will focus on recent suggestions that we include a number of individual women in our sutra dedications. Everyone is invited to attend and add your voice as we explore the specific changes we may choose to make, as well their wider implications and meanings for us and our practice.

Note: In preparation for the forum, Emma Stone will give a talk “A problem in the dharma: no women in our lineage” at Sat 31 July Zazenkai 12 noon.

Please also note Anne Aitken’s article from page 4.

Annual General Meeting

The now confirmed date is Sat 21 August 1 – 3pm, following zazen and shared lunch.

Telephone dokusan

Susan Murphy offers telephone dokusan to MZG; if interested please contact Kirk Fisher on 0425 754 057 or email kirkfisher@aapt.net.au

Full moon sits

Full moon sits are on 23rd July (and 27th Aug, 24th Sept, 22nd Oct, 19th Nov, 17th Dec), 7-10 pm. For further details contact Meg on 9489 5880.

OTHER GROUPS:

Reminder: Tea & Zen Exhibition

This National Gallery of Victoria exhibition will explore the philosophical meanings underlying the ‘Way of Tea’ in Japanese culture. Showcasing ceramic and lacquer tea utensils as well as Zen paintings, the exhibition will create a contemplative setting to evoke the spirit of the ‘Way of Tea’.

When: Thursday April 15 - Sunday August 29, 2010

Where: NGV International, National Gallery of Victoria, Melbourne

Cost: Free of charge

Information is also listed on the National Gallery of Victoria website.

*Tea is nought but this,
First you make the water boil,
Then you infuse the tea.
Then you drink it properly.
That is all you need to know.*

- Sen no Rikyu (1522 – 1591) From the *Tea and Zen* exhibition at the National Gallery of Victoria

“Zen, tea — one flavour”