

MZG Calendar & Contacts

About the Melbourne Zen Group

MZG was established in 1985 and is affiliated with the Diamond Sangha, a group founded in 1959 by Robert Aitken Roshi in Hawaii. The lineage has roots in both the Rinzai and Soto schools of Zen Buddhism. Our teachers are Subhana Barzaghi Roshi and Susan Murphy Roshi; both live in Sydney and visit Melbourne twice a year. Our activities include: weekly zazen (group sitting meditation), monthly zazenkai (longer group meditation), full moon sits, twice a year sesshin (week-long retreats with our teachers), weekend workshops and talks.

Group Zazen Schedule

- Tuesday evening 6.30pm - 8.30pm
- Saturday morning 10.00am - 12noon
- Last Saturday of the month 9am - 1pm
- Full moon sits - see page 3 for details.

Please arrive early. Help in setting-up is welcome. To help cover costs, we recommend a \$5 contribution, or \$3 concession, per session, or a weekly amount (if sitting more than one session) of \$6, or \$4 concession.

On the first Tuesday of each month, zazen finishes half an hour earlier to allow time for Dharma Sharing: reflecting on personal experience in relation to an aspect of Zen practice. On the last Saturday of each month, there is a talk and Dharma Sharing in the last hour of zazenkai.

Orientation, guidance and support

Orientation for newcomers is advised. For orientation, guidance or support in matters relating to Zen practice, contact our Practice Facilitators via Jill Baird on 9328 2207 or email: jillebaird@yahoo.com

Venue (Melway Map 30 B7)

Enter CERES Community Environment Park in East Brunswick from Lee Street. Go to the Education Centre, second building on the right after the CERES entrance gate.

Committee Members

- Peter Wong (Chair) 9481 5986
- Clive Williams (Secretary) 9489 5214
- Nola Firth (Treasurer) 5428 9363
- Colin Briton 9481 5986
- Tineke Lagerwey 9489 5880
- Michael McInerney 0413 550 332
- Gayle McPherson 0415 352 575

Membership & Newsletter Subscription

Enquiries about subscribing to the newsletter may be directed to Clive Williams: 9489 5214 or cliwil@hotmail.com We suggest that applications for financial membership be made only after having spent some time participating in the group's activities.

Newsletter Contributions

Contributions from members, however brief, of any facet of their experience with Zen, are very welcome. Send contributions to Colin Briton at 8 Edward Street, Northcote, Vic 3070, or cbriton@alphalink.com.au Brief extracts from publications appearing in this newsletter are for the purpose of private study.

Contacting Melbourne Zen Group

For introductory information about MZG, write to us C/- CERES, Cnr Roberts & Stewart Streets, Brunswick East, Vic 3057, or contact Jill Baird on 9328 2207 or at jillebaird@yahoo.com For other matters, please contact a committee member. You can also visit our website.

Our website: www.mzg.org.au

Visit our website and subscribe to our latest news updates by email. The website features information and resources regarding Zen practice.

Upcoming MZG Sesshin

- 2 – 8 Oct with Subhana Barzaghi (Walking Sesshin)
- 3 – 10 Dec with Subhana Barzaghi at Adekate Lodge

MZG Calendar APRIL 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2 Easter Sesshin starts	3 Zazen <u>cancelled</u> due to Sesshin
4	5	6 Zazen, 6.30 pm–8.30 pm	7	8	9 Easter Sesshin ends	10 Zazen, 10 am-12 noon
11	12	13 Zazen, 6.30 pm–8.30 pm	14	15	16	17 Zazen, 10 am-12 noon
18	19	20 Zazen, 6.30 pm–8.30 pm	21	22	23	24 Zazenkai, 9 am-1pm, includes talk by Kirk Fisher
25	26	27 Zazen, 6.30 pm–8.30 pm	28	29	30 Full moon sit 7-10pm. See page 3	1 MAY Zazen, 10 am-12 noon

Melbourne Zen Group

Melbourne Zen Group Inc. (A0026699B)

Newsletter-April 2010

MZG NEWS & NOTICES

Membership renewal time!

A membership / subscription form was sent with the February newsletter, and members / subscribers are reminded to please renew, this being one important way to support the activities of MZG.

Naming Ceremony postponed

Due to a change of plans, the Baby Naming Ceremony of Shannon's daughter Clare, originally scheduled on 10th of April, has been postponed. The date of the rescheduled event (possibly in June) will be announced later. Our apologies for any confusion caused.

Committee meeting

The MZG Committee meets each month. If you would like to attend, or would like some matter raised, please contact a committee member.

Telephone dokusan

Susan Murphy offers telephone dokusan to MZG; if interested please contact Kirk Fisher on 0425 754 057 or email kirkfisher@aapt.net.au

Full moon sits

Full moon sits are on 30th April (28th May, 25th June, 23rd July, 27th Aug, 24th Sept, 22nd Oct, 19th Nov, 17th Dec), 7-10 pm. For further details contact Meg on 9489 5880.

Note that due to the Easter Sesshin there will be no full moon sit on Fri 2 April and no Zazen on Sat 3 April. However Zazen on Tue 6 April will go ahead.

Zazen talk by Kirk Fisher, Saturday 24 April

See page 5 for details

OTHER GROUPS:

Zen Open Circle (Sydney) - Susan Murphy

Autumn Sesshin 23-28 April

Spring Sesshin 2-10 October

Phone 0427 214216, email: info@iinet.net.au

2010 Victorian Observance of the United Nations Day of VESAK A multicultural celebration of the Buddha's birth, enlightenment and passing

Melbourne Town Hall

Saturday 22 May 2 – 4.15pm

Music, dance, performances, chanting, meditation, talks and information displays. Visit

www.unvesak.org Event coordinator: Frank Carter: ftcarter@optusnet.com.au

Death and dying: an interfaith symposium

7 – 9 April, Australian Catholic University, Victoria Pde., Fitzroy. For further information contact the Ecumenical & Interfaith Commission on 9926 5708.

On entering the dojo....

When coming to our sits, please feel very welcome, and either wait silently in the vestibule or enter, bow and take your seat mindfully. We invite everyone - old timers and new comers - to support both a welcoming atmosphere and a mindful, settled atmosphere for zazen.

