

MZG Calendar & Contacts

About the Melbourne Zen Group

MZG was established in 1985 and is affiliated with the Diamond Sangha, a group founded in 1959 by Robert Aitken Roshi in Hawaii. The lineage has roots in both the Rinzai and Soto schools of Zen Buddhism. Our teachers are Subhana Barzaghi Roshi and Susan Murphy Roshi; both live in Sydney and visit Melbourne twice a year. Our activities include: weekly zazen (group sitting meditation), monthly zazenkai (longer group meditation), full moon sits, twice a year sesshin (week-long retreats with our teachers), weekend workshops and talks.

Group Sitting Schedule

- Tuesday evening 6.30pm - 8.30pm
- Saturday morning 10.00am - 12noon
- Last Saturday of the month 9am - 1pm
- Full moon sits - see page 3 for details.

For all sessions, we recommend a \$5 contribution (\$3 concession) to help us cover rental costs.

On the first Tuesday of each month, zazen finishes half an hour earlier to allow time for Dharma Sharing: reflecting on personal experience in relation to an aspect of Zen practice. On the last Saturday of each month, there is a talk and Dharma Sharing in the last hour of zazenkai.

Orientation

Orientation for newcomers is available by arrangement. Contact Jill Baird (details below).

Practice Facilitators

For guidance or support in matters relating to Zen practice, contact our Practice Facilitators via Jill Baird on 9328 2207 or email: jillebaird@yahoo.com

Venue (Melway Map 30 B7)

Enter CERES Community Environment Park in East Brunswick from Lee Street and go to the Education Centre - second building on the right after the gate.

Committee Members

- Peter Wong (Chair) 9481 5986
- Clive Williams (Secretary) 9489 5214
- Nola Firth (Treasurer) 5428 9363
- Colin Briton 9481 5986
- Tineke Lagerwey 9489 5880
- Michael McInerney 0413 550 332
- Gayle McPherson 0415 352 575

Membership & Newsletter Subscription

Enquiries about subscribing to the newsletter may be directed to Clive Williams: 9489 5214 or cliwil@hotmail.com We suggest that applications for financial membership be made only after having spent some time participating in the group's activities.

Newsletter Contributions

Contributions from members, however brief, of any facet of their experience with Zen, are very welcome. Send contributions to Colin Briton at 8 Edward Street Northcote 3070 or cbriton@alphalink.com.au

Brief extracts from publications appearing in this newsletter are for the purpose of private study.

Contacting Melbourne Zen Group

For introductory information about MZG write to PO Box 324, Carlton North 3054, or contact Jill Baird on 9328 2207 or at jillebaird@yahoo.com For other matters, please contact a committee member. You can also contact us by visiting our website.

Our website: www.mzg.org.au

Visit our website and subscribe to our latest news updates by email. The website features information and resources regarding Zen practice.

Upcoming Sesshin & Weekend Workshop

- 7 & 8 November 2009 with Susan Murphy
- 2 – 9 April 2010 with Susan Murphy at Casa

Cover photo: Sun & Smoke at Adekate Lodge, Tineke Lagerwey

MZG Calendar NOVEMBER 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3 Zazen, 6.30 pm–8 pm, followed by Dharma Sharing	4	5	6	7 Sat and Sun with Susan Murphy – see page 3
8	9	10 Zazen, 6.30 pm–8.30 pm	11	12	13	14 Zazen, 10 am–12 noon
15	16	17 Zazen, 6.30 pm–8.30 pm	18	19	20	21 Zazen, 10 am–12 noon
22	23	24 Zazen, 6.30 pm–8.30 pm	25	26	27	28 Zazen, 10 am–12 noon CERES Kingfisher Festival
29	30	1 Dec Zazen, 6.30 pm–8 pm, followed by Dharma Sharing	2 Dec	3 Dec	4 Dec Full moon sit 7-10 pm. See page 3	5 Dec Zazen, 10 am–12 noon

Melbourne Zen Group

Melbourne Zen Group Inc. (A0026699B)

Newsletter-November, 2009

MZG NEWS & NOTICES

Zen Practice and Koan Workshop with Susan Murphy

7th and 8th November

Brunswick South primary School
56 Brunswick Rd Brunswick

Saturday: 10am – 5pm Zazenkai. A full day's sitting meditation, including dokusan (optional personal interview with the teacher) and Dharma talk. There will be a shared lunch and discussion at the end of the day.

Sunday: 9am – 12noon Koan Workshop. Suitable for everyone with, or without, experience of Koans or Zen.

Lunch: Bring food to share, tea and coffee provided.

Weekend: \$95 full waged, \$65 part waged. \$40 concession

Sat: \$60 full waged, \$40 part waged, \$30 concession

Sun: \$40 full waged, \$30 part waged, \$20 concession.

As we are going to press, the workshop is fully booked. Email: meg_irwin@yahoo.com.au or phone 9489 5880.

Spring Sesshin

We are grateful to Gayle McPherson and the many hands and hearts who contributed toward our recent Spring Sesshin held at Adekate Forest Lodge. Reports inside.

Annual General Meeting

The AGM of MZG was held at CERES on XXX and for the information of members we include the minutes in this issue of *Vast & Ordinary News*.

Telephone dokusan

Susan Murphy offers telephone dokusan to MZG; if interested please contact Kirk Fisher on 0425 754 057 or email kirkfisher@aapt.net.au

Full moon sits

Full moon sits are on 4th Dec and 1st Jan, 7-10 pm. For further details contact Meg on 9489 5880.

Committee meeting

The MZG Committee meets each month. If you would like to attend, or would like some matter raised, please contact a committee member.

OTHER GROUPS AND RESOURCES

Celebration of Shared Space

On Sunday 4th October MZG joined with the Uniting Church and CERES to celebrate our new home and shared space at CERES Community Environment Park. Thanks to all who contributed to the friendly and inclusive ceremony. See photo below, Kirk on trumpet and Michael on double base (by Meg Irwin).

CERES Return of the Sacred Kingfisher Festival, Saturday 28th November

The Sacred Kingfisher Festival is an annual community event in the CERES calendar. MZG has been invited to participate and members are encouraged to attend. Contact a Committee member for details.

