

MZG Calendar & Contacts

About the Melbourne Zen Group

MZG was established in 1985 and is affiliated with the Diamond Sangha, a group founded in 1959 by Robert Aitken Roshi in Hawaii. The lineage has roots in both the Rinzaï and Soto schools of Zen Buddhism. Our teachers are Subhana Barzaghi Roshi and Susan Murphy Roshi; both live in Sydney and visit Melbourne twice a year. Our activities include: weekly zazen (group sitting meditation), monthly zazenkai (longer group meditation), full moon sits, twice a year sesshin (week-long retreats with our teachers), weekend workshops and talks.

Group Sitting Schedule

- Tuesday evening 6.30pm - 8.30pm
- Saturday morning 10.00am - 12noon
- Last Saturday of the month 9am - 1pm
- Full moon sits - see page 3 for details.

For all sessions, we recommend a \$5 contribution (\$3 concession) to help us cover rental costs.

On the first Tuesday of each month, zazen finishes half an hour earlier to allow time for Dharma Sharing: reflecting on personal experience in relation to an aspect of Zen practice. On the last Saturday of each month, there is a talk and Dharma Sharing in the last hour of zazenkai.

Orientation

Orientation for newcomers is available by arrangement. Contact Jill Baird (details below).

Practice Facilitators

For guidance or support in matters relating to Zen practice, contact our Practice Facilitators via Jill Baird on 9328 2207 or email: jillebaird@yahoo.com

Venue (Melway Map 30 B7)

Enter CERES Community Environment Park in East Brunswick from Lee Street and go to the Education Centre - second building on the right after the gate.

Committee Members

- Peter Wong (Chair) 9481 5986
- Clive Williams (Secretary) 9489 5214
- Nola Firth (Treasurer) 5428 9363
- Colin Briton 9481 5986
- Tineke Lagerwey 9489 5880
- Michael McInerney 0413 550 332
- Gayle McPherson 0415 352 575

Membership & Newsletter Subscription

Enquiries about subscribing to the newsletter may be directed to Clive Williams: 9489 5214 or cliwil@hotmail.com We suggest that applications for financial membership be made only after having spent some time participating in the group's activities.

Newsletter Contributions

Contributions from members, however brief, of any facet of their experience with Zen, are very welcome. Send contributions to Colin Briton at 8 Edward Street Northcote 3070 or cbriton@alphalink.com.au

Brief extracts from publications appearing in this newsletter are for the purpose of private study.

Contacting Melbourne Zen Group

For introductory information about MZG write to PO Box 324, Carlton North 3054, or contact Jill Baird on 9328 2207 or at jillebaird@yahoo.com For other matters, please contact a committee member. You can also contact us by visiting our website.

Our website: www.mzg.org.au

Visit our website and subscribe to our latest news updates by email. The website features information and resources regarding Zen practice.

Upcoming Sesshin & Weekend Workshop

- 7 & 8 November 2009 with Susan Murphy
- 2 - 9 April 2010 with Susan Murphy at Casa

Cover photo: After shared lunch, just before September AGM

MZG Calendar OCTOBER 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2 Full moon sit 7-10 pm. See page 3.	3 Zazen, 10 am-12 noon
4	5	6 Zazen, 6.30 pm-8 pm, followed by Dharma Sharing	7	8	9	10 Zazen, 10 am-12 noon
11	12	15 Zazen, 6.30 pm-8.30 pm	14	15	16	17 Zazen, 10 am-12 noon
18	19	20 Zazen, 6.30 pm-8.30 pm	21	22	23	24 Zazen, 10 am-12 noon
25	26	27 Zazen, 6.30 pm-8.30 pm	28	29	30 Full moon sit 7-10 pm. See page 3.	31 Zazenkai, 9 am - 1pm

Melbourne Zen Group

Melbourne Zen Group Inc. (A0026699B)

Newsletter-October, 2009

MZG NEWS & NOTICES

Telephone dokusan

Susan Murphy offers telephone dokusan to MZG; if interested please contact Kirk Fisher on 0425 754 057 or email kirkfisher@aapt.net.au

Full moon sits

Full moon sits are on 2nd and 30th Oct (and 4th Dec, 1st Jan), 7-10 pm. For further details contact Meg on 9489 5880.

Committee meeting

The MZG Committee meets each month. If you would like to attend, or would like some matter raised, please contact a committee member.

CERES opening celebration Sunday 4 October 10am

The Uniting Church, MZG, CERES and friends are gathering to celebrate the opening of our new home at CERES Education Centre. Subhana Barzaghi, fresh from sesshin, will be present for the occasion. All welcome!

September AGM

The AGM was held at the new CERES venue with 10 members in attendance. All members of the previous committee have been returned unopposed, with the addition of Gayle McPherson.

OTHER GROUPS AND RESOURCES

Zen meditation intensive with Geoff Dawson, 31st Oct – 3rd Nov

Geoff is a Dharma Successor of Charlotte Joko Beck, founder of the Ordinary Mind Zen School. For details contact Tom Fisher on 9712 0451 or T.Fisher@latrobe.edu.au

Engaged Buddhist Festival of Peace and Social Transformation

The 20th Anniversary of the International Network of Engaged Buddhists will take place on 10 – 17 November 2009 at Chiangmai, Thailand. Jill Jameson, active in INEB over many years, plans to attend.

Gaki Zoshi (Scroll of hungry ghosts)